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Coon Rapids couple look for answers in child's death



Seven months ago, Sheila and Mike Trymucha lost their 16-month-old daughter, Lauren to Sudden Unexplained Death in Childhood, or SUDC.

Unlike Sudden Infant Death Syndrome, SUDC affects children over the age of 12-months. It affects about 100,000 children every year and provides no clear explanation of the death.

Sheila Trymucha said she put Lauren down for a regular nap December 22, 2007.

"I heard her on the monitor after 2.5 hours which was pretty normal for her," said Trymucha. After another 45 minutes she went up to check on Lauren. "When I walked in the room I knew something was wrong. She was on the opposite side of the crib which she never slept on and she was unresponsive."

Mike Trymucha tried unsuccessfully to revive his daughter. Doctors, and even the medical examiner, could not explain why Lauren died.

"How does a child with no signs or symptoms just tragically die?," said Sheila Trymucha. "You can't wrap your head around that. Your heart doesn't get it."

Doctors at the Mayo Clinic are examining Lauren's blood for anything the medical examiner may have missed.

The Trymuchas will host "[Lauren's Run for a Reason](#)" on Sunday, August 10th at Elm Creek Park Reserve in Maple Grove.